



August 2010



Due to our constant pursuit of excellence SFE will enhance our menus through students feedback, surveys, parent meetings, recipe development and market trends



Welcome Back!



Littleton District Menu

Meal Prices

Paid Lunch \$1.75
Reduced Price Lunch \$.40
Adult Lunch \$2.75

Milk \$0.25

Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
<p>Chili con Carne & Cornbread Grilled Cheese on Whole Wheat</p> <p>Tuna on Whole Wheat Ham & Cheese Salad French Fries Fresh Fruit & Vegetable Bar Variety of 1% & Fat Free Milk</p> <p>Breakfast Variety of Cereal and Nonfat Yogurt Apple Juice 1% Milk</p>	<p>Chicken Alfredo & Wheat Roll Homemade Two Cheese Pizza</p> <p>Turkey & Cheese on Whole Wheat BBQ Chicken Salad Steamed Corn Fresh Fruit & Vegetable Bar Variety of 1% & Fat Free Milk</p> <p>Breakfast Egg & Cheese Burrito Applesauce, String Cheese, & Orange Juice 1% Milk</p>	<p>Cheese Quesadilla & Salsa Ham & Cheese on Whole Wheat Breaded Chicken Patty on Whole Wheat Bun</p> <p>Mixed Green Salad with Tuna Italian Blend Vegetables Fresh Fruit & Vegetable Bar Variety of 1% & Fat Free Milk</p> <p>Breakfast Strawberry Cheerios Bar & Bananas Apple Juice & String Cheese 1% Milk</p>	<p>Bean & Cheese Tostada & Salsa Beef & Broccoli over Noodles</p> <p>Ham, Turkey & Cheese Wrap Chicken Caesar Salad Green Beans Fresh Fruit & Vegetable Bar Variety of 1% & Fat Free Milk</p> <p>Breakfast Cinnamon Pancakes & Strawberry Applesauce Orange Juice & Graham Crackers 1% Milk</p>	<p>Vegetable Lomein & Egg Roll Turkey on Whole Wheat Bun</p> <p>Cheeseburger on Whole Wheat Bun Crispy Chicken Salad Broccoli & Carrots Fresh Fruit & Vegetable Bar Variety of 1% & Fat Free Milk</p> <p>Breakfast Whole Wheat Honey Bun & Apple Juice Goldfish Graham & Nonfat Yogurt 1% Milk</p>
Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
<p>Spaghetti w/Marinara Sauce Chicken Caesar Salad Korean Chicken & Noodles</p> <p>Turkey & Cheese on Whole Wheat California Blend Vegetable Fresh Fruit & Vegetable Bar Variety of 1% & Fat Free Milk</p> <p>Breakfast Cereal & Apples Apple Muffin & Orange Juice 1% Milk</p>	<p>Grilled Ham & Cheese on Whole Wheat Chicken Taco Salad Turkey on Whole Wheat Bun</p> <p>Homemade Chicken Burrito & Salsa Mexican Style Beans Fresh Fruit & Vegetable Bar Variety of 1% & Fat Free Milk</p> <p>Breakfast Bean & Cheese Burrito & Apple Juice Crackers & Bananas 1% Milk</p>	<p>Cheese Quesadilla & Salsa Cheeseburger on Whole Wheat Bun Hamburger on Whole Wheat Bun</p> <p>Hawaiian Chicken Salad Roasted Potato Wedges Fresh Fruit & Vegetable Bar Variety of 1% & Fat Free Milk</p> <p>Breakfast Cheese Breadstick Orange Juice & Granola Bar & Nonfat Yogurt 1% Milk</p>	<p>Homemade Pepperoni Pizza Homemade Two Cheese Pizza Chef Salad</p> <p>Turkey Corn Dog Steamed Corn Fresh Fruit & Vegetable Bar Variety of 1% & Fat Free Milk</p> <p>Breakfast French Toast & Peaches Graham Crackers & Apple Juice 1% Milk</p>	<p>Popcorn Chicken & Mashed Potatoes Bean & Cheese Burrito & Salsa Ham on Whole Wheat</p> <p>Crispy Chicken Salad Broccoli & Carrots Fresh Fruit & Vegetable Bar Variety of 1% & Fat Free Milk</p> <p>Breakfast Bagel with Jelly & Cream Cheese Orange Juice & Crackers 1% Milk</p>
Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
<p>Homemade Beef & Rice Burrito Nachos & Salsa Turkey Hot Dog on Wheat Bun Taco Salad w/Beef Homemade Spanish Rice Fresh Fruit & Vegetable Bar Variety of 1% & Fat Free Milk</p> <p>Breakfast Whole Wheat Pan Dulce & Apple Juice Applesauce & Oranges 1% Milk</p>	<p>Homemade Macaroni & Cheese Homemade Meatlover Pizza Crispy Chicken Wrap Ham & Cheese Salad Steamed Corn Fresh Fruit & Vegetable Bar Variety of 1% & Fat Free Milk</p> <p>Breakfast Cheese Breadsticks & Marinara Apples & Orange Juice 1% Milk</p>	<p>Cheese Enchiladas & Salsa Breaded Chicken & Mashed Potatoes Ham on Whole Wheat Chicken Caesar Salad Carrots, Broccoli, & Cauliflower Fresh Fruit & Vegetable Bar Variety of 1% & Fat Free Milk</p> <p>Breakfast Variety of Cereal & Nonfat Yogurt String Cheese & Apple Juice 1% Milk</p>	<p>Baked Ziti & Homemade Breadstick Cheese Quesadilla & Salsa Crispy Chicken Wrap Chef Salad Mexicorn Fresh Fruit & Vegetable Bar Variety of 1% & Fat Free Milk</p> <p>Breakfast Whole Grain Waffle & Bananas Peaches & Orange Juice 1% Milk</p>	<p>Italian Wrap Grilled Cheese on Whole Wheat Meatball Sub Italian Salad Squash & Carrot Medley Fresh Fruit & Vegetable Bar Variety of 1% & Fat Free Milk</p> <p>Breakfast Bean & Cheese Burrito Baby Carrots & Apple Juice 1% Milk</p>
Monday 30	Tuesday 31	Wednesday September 1	Thursday September 2	Friday September 3
<p>Cheese Enchilada & Salsa Breaded Chicken Patty on Whole Wheat Bun</p> <p>Ham, Turkey, & Cheese Wrap</p> <p>Garden Salad w/Chicken Homemade Spanish Rice Fresh Fruit & Vegetable Bar Variety of 1% & Fat Free Milk</p> <p>Breakfast Nonfat Yogurt & Graham Crackers Apples & Orange Juice 1% Milk</p>	<p>Cheese Quesadilla & Salsa</p> <p>Sliced Turkey & Mashed Potatoes</p> <p>Chicken Taco Salad</p> <p>Turkey Melt Steamed Corn Fresh Fruit & Vegetable Bar Variety of 1% & Fat Free Milk</p> <p>Breakfast Breakfast Pizza Bagel & Oranges Applesauce & Apple Juice 1% Milk</p>	<p>Spaghetti with Meat Sauce</p> <p>Homemade Two Cheese Pizza</p> <p>Turkey & Cheese on Whole Wheat</p> <p>Italian Salad Squash & Carrot Medley Fresh Fruit & Vegetable Bar Variety of 1% & Fat Free Milk</p> <p>Breakfast Cinnamon French Toast & Bananas Graham Crackers & Orange Juice 1% Milk</p>	<p>Beef Tacos & Salsa</p> <p>Homemade Macaroni & Cheese</p> <p>Turkey Wrap</p> <p>Chicken Caesar Salad California Blend Vegetable Fresh Fruit & Vegetable Bar Variety of 1% & Fat Free Milk</p> <p>Breakfast Ham, Egg & Cheese on a Whole Wheat Bun Applesauce & Nonfat Yogurt & Apple Juice 1% Milk</p>	<p>Breakfast At Lunch</p> <p>Eggs Rancheros Ham & Cheese Scrambled Eggs with Whole Wheat Toast Whole Grain Waffle & Turkey Sausage Ham & Cheese Salad Watermelon & Apple Juice Fresh Fruit & Vegetable Bar Variety of 1% & Fat Free Milk</p> <p>Breakfast Variety of Cereal Donut Hole & Apples & Orange Juice 1% Milk</p>

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Foodservice Director: Riva Figueroa

Comments? (623) 478-5628

Menu is Subject to change.

