

ELEMENTARY MENUS

SEPT 2022

Monday

Tuesday

Wednesday

Thursday

Friday

			<p>1 <u>Breakfast</u> Bean & Cheese Breakfast Burrito</p> <p><u>Lunch</u> Breaded Chicken Patty Sandwich Popcorn Chicken Snowbowl w/Roll Turkey Ham Wrap Chicken Caesar Salad Steamed Corn</p>	<p>2</p> <p><u>No School!</u></p>
<p>5</p> <p><u>No School!</u></p>	<p>6 <u>Breakfast</u> Apple Cinnamon Cheerios</p> <p><u>Lunch</u> Frito Chili Pie Buffalo Chicken Nuggets BBQ Chicken Salad w/Roll Sunbutter Banana Dog Spiced Green Beans</p>	<p>7 <u>Breakfast</u> Chicken Biscuit Sandwich</p> <p><u>Lunch</u> Chicken Tenders w/Roll Swedish Meatballs w/ Rice Chicken Salad Wrap Chef Salad w/Crackers Seasoned Mashed Potatoes</p>	<p>8 <u>Breakfast</u> Turkey Sausage Breakfast Pizza</p> <p><u>Lunch</u> Green Chili Cheese Quesadilla Chicken Tacos on Corn Tortillas Chicken Caesar Salad Diced Chicken Adobe Wrap Refried Beans</p>	<p>9 <u>Breakfast</u> Golden Banana Muffin</p> <p><u>Lunch</u> Cinnamon Rolls w/ Turkey Sausage French Toast Sticks w/Turkey Sausage Fresh Turkey & Cheese Sub Mandarin Orange Parfait w/String Cheese & Graham Crackers Crispy Tater Tots</p>
<p>12 <u>Breakfast</u> Zucchini Bread</p> <p><u>Lunch</u> Jumbo Cheese Ravioli w/Breadstick The Ultimate Three Cheese Panini Country Turkey Ham Sandwich Spicy Crispy Chicken Salad Broccoli w/ Cheese Sauce</p>	<p>13 <u>Breakfast</u> Breakfast Burrito</p> <p><u>Lunch</u> Delicious Cheese Pizza Turkey Ham Hawaiian Pizza Sunbutter & Jelly Sandwich w/ String Cheese Chicken Caesar Salad w/Roll Spiced Green Beans</p>	<p>14</p> <p><u>No School!</u></p>	<p>15 <u>Breakfast</u> Golden Sausage Morning Roll</p> <p><u>Lunch</u> Cheesy Pepperjack Enchiladas w/ Spanish Rice Cheese Quesadilla Turkey Ham & Cheese Salad Chicken Taco Salad Charro Beans</p>	<p>16 <u>Breakfast</u> Very Berry Smoothie Golden Banana Muffin</p> <p><u>Lunch</u> Grilled Cheeseburger Popcorn Chicken Ranch Wrap Red Beans & Rice w/ Chicken Cobb Salad w/Roll Zingy Crinkle Fries Zingy Crinkle Fries</p>
<p>19 <u>Breakfast</u> Golden Mini French Toast</p> <p><u>Lunch</u> Beefy Macaroni Marinara w/ Roll Grilled Cheese Sandwich Turkey Power Wrap Chicken Caesar Salad w/Crackers Steamed Corn</p>	<p>20 <u>Breakfast</u> Strawberry Oatmeal Bar</p> <p><u>Lunch</u> Orange Chicken w/ Brown Rice Chicken Nuggets w/Roll Chicken Caesar Salad w/Crackers Turkey & Cheese Sandwich Peppered Broccoli Florets</p>	<p>21 <u>Breakfast</u> Savory Breakfast on a Stick</p> <p><u>Lunch</u> Mini Corndogs Turkey Ham & Cheese Croissant Sandwich Cobb Salad w/Roll Turkey Bacon Cheeseburger Crispy Tater Tots</p>	<p>22 <u>Breakfast</u> Mini Strawberry Cream Cheese Bagels</p> <p><u>Lunch</u> Pulled Chicken Burrito Chicken Taco Salad Diced Chicken Adobe Wrap Chicken Nachos w/Spanish Rice Refried Beans</p>	<p>23 <u>Breakfast</u> Strawberry Boli</p> <p><u>Lunch</u> Creamy Macaroni & Cheese Turkey & Cheese Wrap Vegetable Garden Salad w/Roll Rotini Meatsauce w/Breadstick Sweet Honey Sriracha Potatoes</p>
<p>26 <u>Breakfast</u> Sweet Apple Frudel</p> <p><u>Lunch</u> Seasoned Beef Tostadas w/ Spanish Rice Fresh Turkey & Cheese Sub Chef Salad w/Roll Chicken Tamale Seasoned Black Beans</p>	<p>27 <u>Breakfast</u> Cinnamon Toast Crunch Cereal</p> <p><u>Lunch</u> Golden Chicken Corn Dog Turkey Ham & Cheese Sandwich Chicken Harvest Salad Beef & Broccoli Meatballs w/Fried Rice Broccoli w/ Cheese Sauce</p>	<p>28 <u>Breakfast</u> Turkey Sausage Biscuit</p> <p><u>Lunch</u> Delicious Cheese Pizza Turkey Sausage Pizza Sunbutter & Jelly Sandwich w/ String Cheese Chicken Caesar Salad w/Roll Peppered Broccoli Florets</p>	<p>29 <u>Breakfast</u> Cinnamon Breakfast Round</p> <p><u>Lunch</u> Chicken Patty Sandwich Popcorn Chicken Snowbowl Turkey Ham Wrap Chicken Caesar Salad w/Roll Steamed Corn</p>	<p>30 <u>Breakfast</u> Blueberry Smoothie Delicious Cinnamon Bun</p> <p><u>Lunch</u> Vegetarian Pasta Alfredo Cheesy Meatball Sub Crispy Popcorn Chicken Wrap Chicken Caesar Salad w/Roll Spiced Green Beans</p>

Breakfast Free to Students

Lunch Meal Price: Paid \$2.50 / Reduced \$0.40

Adult Meal Price: \$3.50



Questions or Comments?

Anabel Short

Director of Dining Services

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This institution is an equal
opportunity provider

Did you know?

Staying active helps build strong bones and muscles, relieves stress, and protects your heart. Aim for 1 hour or more of physical activity every day.